

# MESSAGE NOTES

Pressure Points series - Relationships

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Crossroads Christian Church

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## PRACTICAL APPLICATION \_\_\_\_\_

1. On Sunday, Pastor Rusty said when we choose forgiveness it won't take away from our pain or sadness, but it does begin the process of setting us free. What freedom have you experienced in your relationships whenever you have chosen to forgive even when the pain is so great? Share with your group.
  
2. Is your life characterized by forgiveness? If not, are you willing to humble yourself before God and ask Him to change you?

What do you need to do this week to apply the things we learned from this message?

## PRAYER REQUESTS \_\_\_\_\_

\_\_\_\_\_ is the critical first step to breaking free.

How to forgive:

1. \_\_\_\_\_ the attitude of love.
  
2. \_\_\_\_\_ the past.
  
3. \_\_\_\_\_ the relationship.
  
4. \_\_\_\_\_ the future.
  
5. \_\_\_\_\_ the relationship.

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# CONNECT GROUP DISCUSSION QUESTIONS

For the week of February 5, 2023

Pressure Points series - Relationships

## GETTING STARTED \_\_\_\_\_

1. Think of a time when you asked for forgiveness from someone. Did the other person forgive you?

How did that make you feel? What affect did it have on your relationship?

2. Why is forgiveness such a powerful force in our relationships?

## DIGGING DEEPER \_\_\_\_\_

1. As a group, read **Colossians 3:12-15**. Why did Paul start with our standing before God? What three ways does Paul describe our standing with God?

How does our standing with God affect the way we should treat others?

Which of the attributes and commands Paul gives us comes the easiest to you? Which one is the hardest?

2. Do you believe Jesus' death on the cross provided forgiveness of all our sins? Why?

If so, why do we need to continue to include the request for forgiveness in our prayers?

3. What does it reveal about a person who asks for forgiveness? What does it reveal about his or her view of God?

In contrast, what does a person's continued neglect to ask for forgiveness in prayer reveal?

Is it enough to make a blanket request for forgiveness such as, "God, please forgive me for all my sins"? Explain.

4. If we are going to have healthy relationships with our family, friends and coworkers, there is more to do besides just forgive. According to the following verses, what is each verse is telling you to do?

- **Matthew 7:12**
- **Hebrews 10:24**
- **1 Peter 4:8**
- **Ephesians 4:2**

Why are these actions crucial when it comes to maintaining and building strong relationships?